

# TANTRA



exploring  
**TANTRA**  
master  
keys  
for  
sexuality  
and  
relating

## Sexual Alchemy

Tantra course for singles and couples February 8-10 2008

Tantra is a mystic science offering alchemical secrets for the transformation of sexual relationships.

There are

7

keys for a fulfilled sexual experience

Awakening vital **energy** through the senses and allowing this as a full bodily experience

Allowing **emotions** to become fluid in their expression

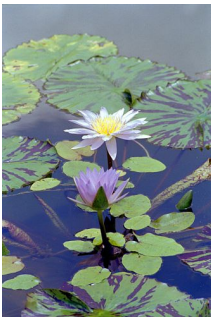
Allowing the **play** of yin and yang energies to have equal space during sex

Surrendering to **love** itself

Learning the art of **touching** and being touched, of giving and receiving

Disappearing as a **self** and become oceanic

Recognising sex and **spirit** as one



**Mahasatvaa Ma Ananda**

**Sarita** is a world renowned Tantra teacher and author and Co- Director of the School of Awakening, based in England. She lived in India for 26 years studying Tantra with her spiritual Master Osho, and has been teaching throughout the world since 1990.

**Nirav Chintan** is apprentice co-teacher with Sarita. He is a holistic healing practitioner, has been practicing Zazen for 20 years and Tantra for 10 years.



*“During this weekend workshop we will offer a direct transmission of Tantra master keys, with meditation, dance and rituals.*

*Participating in such a profound journey transforms both individuals and couples, helping us reclaim the bliss and aliveness which is our natural birthright. We embrace the stars and celebrate our earthly joy. “*

Sarita

## Kursinfo

**Tid: Fredag 8. feb. kl. 17 til søndag 10. feb. kl. 17**

**Sted:** Vassfaret Kursgård ([www.vassfaretkursgaard.no](http://www.vassfaretkursgaard.no))

**Pris:** 3.600,- alt inkludert (kursavgift, kost og losji)

Påmelding innen 1. februar til:

E-post: [vmstaubo@yahoo.no](mailto:vmstaubo@yahoo.no)

Tlf/sms: 454 16 300/922 10 665

Kurset holdes på lettfattelig engelsk og nødvendig oversettelse vil bli gitt

**Neste tantrakurs:** Sacred Sexuality 16.-22. september

[www.schoolofawakening.com](http://www.schoolofawakening.com)

## Tantra arrangementer

**Hver måned** arrangeres det Tantra-treff i Oslo. Møte består i dans, massasje og tantrameditasjoner i ære, respekt, støtte og kjærlighet. Møtene passer for single og par. Det gis full veiledning under alle aktiviteter.

Møtene holdes på søndager fra 17-21

20. jan. Unity senteret

9. mar. Unity senteret

13. apr. Unity senteret

14. mai Unity senteret

15. jun. Unity senteret

For mer info se [www.touchedbylove.info](http://www.touchedbylove.info)

Påmelding senest dagen før møtet til:

E-post: [vmstaubo@yahoo.no](mailto:vmstaubo@yahoo.no)

Tlf/sms: 454 16 300 (Deva Kanan)